



Results Canada Volunteer Retreat

May 31-June 1, 2025
Global Centre for Pluralism
Ottawa, ON

SATURDAY

9:00 – 9:30 AM Doors open & registration

9:30 – 10:00 AM Welcome: The power of advocacy,
the power of YOU

10:00 – 10:30 AM Ice breaker

10:30 – 11:00 AM Advocates Assemble!
Action to impact

11:00 – 11:15 AM Coffee Break

11:15 – 12:00 PM The spark of change:
Reigniting your advocacy impact

12:00 – 12:30 PM Untangling this political moment:
Election 2025 and beyond

Lunch **12:30 – 1:30 PM**

Icebreaker **1:30 – 1:45 PM**

Only got 4 minutes to save the world:
rapid-fire dive into our policy issues **1:45 – 3:00 PM**

Coffee break **3:00 – 3:15 PM**

Human Library:
Check out our collection of experts **3:15 – 4:15 PM**

Wrap-up:
What happened, what's next **4:15 – 4:30 PM**



**A CELEBRATION
OF IMPACT!
Evening Mixer &
Volunteer Awards**

*6 to 8pm
Lowertown Brewery
(73 York St)
Includes snacks
and 1 drink ticket*

SUNDAY

REGISTER TODAY: 2025 ANNUAL GENERAL MEETING!



June 11 7-8:30pm

*The AGM is a great
opportunity to
reflect and connect.
See you there!*



Doors open & registration

9:00 – 9:30 AM

Welcome to day 2!

9:30 – 9:35 AM

Ice breaker

9:35 – 9:50 AM

Strengthening our impact:
Group dynamics and growth

9:50 – 10:50 AM

Coffee Break

10:50 – 11:05 AM

Words that work:
Get your message out

11:05 – 12:20 PM

Supporting our mission

12:20 – 12:30 PM

12:30 – 1:20 PM

Lunch

1:20 – 1:30 PM

Group photo

1:30 – 2:45 PM

So, you want to meet your MP?

2:45 – 3:00 PM

Coffee break

3:00 – 4:15 PM

Advocacy Olympics: Race to Results!

4:15 – 4:30 PM

The work ahead:
Turning energy into action

**thank you to our
generous sponsors**



SATURDAY

SESSION DESCRIPTIONS

9:30 – 10:00 AM

Welcome: The power of advocacy, the power of YOU

Let's honour what we've accomplished and build excitement for what's next. This energizing welcome session will spotlight volunteer wins, introduce retreat goals, and remind us of the power of advocacy.

10:30 – 11:00 AM

Advocates Assemble!: Action to impact

This panel will spotlight five diverse Results volunteers as they share their advocacy journeys successes, challenges, personal growth, and the impact of their work. The panel will be followed by a moderated Q&A session and open discussion with the audience. This session is meant to energize and unite our community, foster peer learning, and recognize the meaningful contributions of our volunteers.

11:15 – 12:00 PM

The spark of change: Reigniting your advocacy impact

Advocacy is at the heart of the change we want to see in the world – and our volunteers are at the heart of our advocacy. This advocacy 101 workshop is a dynamic refresher on the power of advocacy as a tool for impact that outlines the Results Canada model, history, ways of working, and importance of taking action in this complex global environment. You'll will leave with a better understanding of the importance of their advocacy and gain some tips, tricks, and resources to take on in 2025.

12:00 – 12:30 PM

Untangling this political moment: Election 2025 and beyond

Description: With a new government and a new Parliament, we have the opportunity to refresh our advocacy for the next four years. Join a half-hour conversation with **Anita Vandenbeld**, Member of Parliament for Ottawa West—Nepean, to learn about what the 2025 Federal Election and its aftermath means for our country, our world, and our advocacy.

1:45 – 3:00 PM

Only got 4 minutes to save the world: Rapid-fire dive into our policy issues

In this high-energy session, four expert speakers will each take the mic for just four minutes to deliver a TED Talk-style elevator pitch on the global issues fueling our advocacy, from nutrition and global health to quality education. These story-driven presentations will distill each issue to its most urgent and impactful points. We'll then open the floor for dialogue, giving volunteers a chance to dig deeper into the issues and hear more from the presenters about how their work connects to our advocacy.

3:15 – 4:15 PM

Human Library: Check out our collection of experts

Curious about what it's like to work in politics, advocacy, or international development? This interactive "human library" session gives volunteers an opportunity to engage directly with professionals. Volunteers will rotate between guests—including sector allies, policy staffers, and government representatives—to ask questions, hear personal stories, and gain insight into career paths and roles that contribute to meaningful change. It's a chance to learn, connect, and be inspired by the people working behind the scenes on the issues we care about. Check out the bios of the humans you can check out in this package (coming soon!).

4:15 – 4:30 PM

Wrap-up: What happened, what's next

Wrap-up the day with an energizing reminder of what we learned and what we are taking forward for an exciting day #2!

SUNDAY

SESSION DESCRIPTIONS

9:50 – 10:50 AM

Strengthening our impact: Group dynamics and growth

This interactive session will explore practical strategies for building strong, engaged, and connected volunteer groups. Groups will explore ways to improve how they work together and identify any support they need to make them stronger. Volunteers will walk away with a vision of their ideal group, the next steps to achieve that vision, as well as tools, shared insights, and leadership skills.

11:05 – 12:20 PM

Words that work: Get your message out

In this interactive workshop, participants will learn how to communicate effectively and draft a powerful letter to the editor (LTE). Tactics that will be explored include perfecting the EPIC model, effective strategies in digital communications, getting the words on the page, and getting published.

1:30 – 2:45 PM

So, you want to meet your MP?

This session will provide volunteers with tips, tricks, and best practices for meeting with their parliamentarian. In small groups, we will use these best practices in mock meetings between volunteers and Results Canada staff.

3:00 – 4:15 PM

Advocacy Olympics: Race to results!

Back by popular demand! This high-energy interactive teamwork activity brings together volunteers to showcase and apply the skills they learned at the Retreat. In this friendly competition, teams are against each other and the clock to take action in various areas of advocacy including parliamentary engagement, media writing, research, and more. The winning team is determined by total points earned while taking meaningful action for change.

4:15 – 4:30 PM

The work ahead: Turning energy into action

Let's harness the energy of the past two days and turn inspiration into intention. This final session will send us off recharged, refocused, and ready to keep pushing for impact.



THANK YOU!

From all of us at Results Canada, thank you for coming to this Retreat and being an essential part of this strong, cohesive, passionate, and creative movement. We hope this weekend has left you with the tools, skills, and connections you need to power your advocacy in the months ahead. **Thank you for everything you do!**